Box 5 Ha - Jo

Heavy Flow #1 – #6 1993(?)-1996 Edinburgh

Heavy Flow is put together to coincide with gigs the zinester Saskia, and someone called Tom, organise at a venue in Edinburgh (roughly every three months). I like how a reviewer in Sun Zoom Spark 4 described it (Saskia reproduced the review in their opening letter from issue 4): 'it looks suitably pre-menstrual – disorganised, dissatisfied, blemish-ridden, clumsy, badtempered... you know how it goes – and the manic lay out principals (lack of em! – okay we call it 'anarchic') obliterated by the sheer force of the ATTITUDE that wallops you on every page'. Later issues are a little more orderly, but retain some of the same force.

Includes reviews, writing, reproduced comics (including by Julie Doucet and Rachael House (I love when Rachael House comics show up I don't know if you noticed!)), interviews, Hunk of the Time of the Month, discussions of menstrual products (including an interesting section about sponges/reusable cups) and other topics generally around menstruation. I was particularly interested in Saskia's account of a police raid on an autonomous centre on Broughton Road in Issue 4 (titled The First Day of December 1994 and it's been a bad day).

Tags: Menstruation, Edinburgh, Zine Reviews, Health

How to Get Shit Done Dr Charlotte Cooper November 2013

'This is a zine for people who struggle to get shit done.' And Cooper is really talking about cultural products not like, your paid work or your studies or the stuff to live life, although, tbh, this may be some of my issue with this zine. I guess I'm being defensive maybe, I guess this zine isn't for me, right now. I can't get anything done. I can barely squeeze these zine reviews out. I do like the type setting in this zine though, I'll give it that.

Tags: Self-Help, How To

Her Heroes Aren't Gone Part 1: Letter to Kathleen Hanna Kylie South Brisbane, Australia

A zine tribute to Kathleen Hanna, and riot grrrl more broadly. Kylie purposefully adopts the form of a riot grrrl zine to address Hanna (in a letter) and more broadly the influence Riot Grrrl had in their life. In the margins of each page are handwritten lyrics from Julie Ruin and Bikini Kill and Kathleen Hanna quotes.

Tags: Riot Grrrl, Music, Fanzine, Kathleen Hanna

Home-Works Artist/Mothers in Quarantine 2021

A zine in the form of an exercise book bringing together the work by 33 artists, who are mothers, from the first months of the coronavirus pandemic – often reflecting on home/work and the blurred space between the two.

Tags: Feminism, Parenting (Motherhood), Art Zine, Covid-19, Compilation

i am, i am, I AM Polly Richards, UK

A5 black and white zine bound with red and white striped thread tied into a bow. A mental health zine, they say started as a 'how to' coping guide but rapidly became more personal.

Tags: Mental Health, Self-Care, Self-Harm, Medication, How-To

INFORM/TRANSFORM Mimi Onuoha, Zara Rahman

A really neat handwritten zine about how information is controlled, manipulated or transformed through nine methods, each with their own page: remove; embellish; restrict; flood; intercept; release; select; reorganise; fabricate.

Tags: Activism, Politics, Information, Info Zine, AcaZine

Heavier Than Metal

I like the thick black cardboard cover with letters cut out to reveal the red paper underneath. Illustrations of heavy metal bands and quotes, all drawn/written in thin black fineliner.

Tags: Music, Illustration

It's Not Too Late Gina Lundy, 2015

A zine from the Fantastic New Community project, an exploration of the current housing crisis in London, created by Gina Lundy. Photos, words, textures (the front cover and one of the pages has an image embossed(?) above another only visible in some light).

Tags: Housing, Photo Zine, Activism

Joining the Dots A queer fat positive perzine about PCOS

Holly Casio put together this zine, with contributions from other people affected by Polycystic Overy Syndrome.

Tags: Health, PCOS, LGBTQ, Fat, Compilation

Hip Kitty Katie

A classic black and white perzine, blending diary entries, or placebased episodes, with poetry. In the later issue, Katie is travelling across Europe, including time in Glasgow and Scotland more generally. I found some of their writing endearing, but they just kept being fatphobic, it was like they couldn't help themselves.

Tags: Perzine, Poetry, Travelling

How I learned to do IT bloody murder Heather lynn 1998

I recommend scooting to the end for the author's wee letter giving some context to this zine, which they describe as a 'book' born out of a desire to write, their transition to university – they say they are determined to paint pictures of their life, and though this is a story, a piece of "fiction" it also is autobiographical to some context, not made clear.

Tags: Fiction, Rape, Suicide, Mental Health, Hospitalistion, Self-Harm, Sexual Assault, Autobiography

Indoctrine Nation

Surreal comic following our protagonist around New York.

Tags: Comic, New York

[Missing Title - whoops!]

It's time to SPEAK OUT Against Sexual Assault on Campus Relatively simple zine created out of an A4 sheet folded into quarters.

Tags: Sexual Assault, Sexual Violence, Education, Info Zine, Activism

In The Zone

Risoprinted zine on different coloured neon paper, bound with rainbow wool, containing frentic illustrations.

Tags: Illustration, Art Zine

Heavy Girl Press

'Heavy Girl Press is a Toronto-based fanzine dedicated to all women, but specifically sets out to celebrate, explore and unite fat women of all ethno-racial backgrounds and sexualities' (22)

Tags: Compilation, Fat,

Illustrated Women in History: Centenary of Women's Suffrage

Illustrated women in history is a series – this edition is to celebrate the centenary of some women gaining the vote.

Tags: Feminism, Illustration, History

Hens tae watch oot fur A queer feminist zine

Hens to Watch Oot Fur started as a project between the Glasgow Women's Library and LGBT Youth Scotland's group Rainbow Sisters in 2012, but seems to have found legs of its own (though with ongoing support certainly from GWL). Luca Hine of Artificial Womb zine makes an appearance, as do other Glasgow queers.

Tags: Compilation, Queer, LGBTQ, Feminism, Glasgow Women's Library, Glasgow.

Here in My Head #12 - #17 Catherine Elms 2013-2016

A classic perzine, pretty long running, but with irregular issues.

Tags: Perzine, Music, Health, Mental Health

A Handy Guide to Bisexuality Kelly Jenkins

A straightforward 8 page A5 zine on green paper, briefly covering bisexuality (although I'm not sure their definition is quite right – these days there's a lot more blurring between bisexuality and pansexuality). Includes examples of bi representation in media.

Tags: LGBTQ, Bisexuality, Info Zine

Hyper Colour Castle

A zine made from a single sheet of A3 (printed both sides) and folded in a way I've not seen before. Anyway, it unfolds to comics from two people, part of (all of?) Hyper Colour Castle Art Collective. One of the comics imagines a relationship between Meg (witch) and Mog (cat) which is frankly a little disturbing.

Tags: Art Zine, Comics, Bestiality

I Love you More

A brutal anonymous zine about abuse in all it's complexity. Significant trigger warning for CSA.

Tags: Abuse, Childhood Sexual Abuse

I'm Not Waiting Doin' it yrself, now

A zine version of Melanie's masters dissertation, exploring activism and DIY music scene, and using zines as a key source. Very worth a read.

Tags: Acazine, Feminism, Activism, Zine Research

A Handy Guide to: Asexuality Kelly Jenkins

Similarly to the handy guide to bisexuality, this is an 8-page A5 zine printed on peach paper with the basic lo-down on asexuality, including representations in media.

Tags: Asexuality, LGBTQIA+, Info Zine

International Strike Force

A slightly disorientating music fanzine.

Tags: Music, Fanzine.

Independent Pussy Issue #2

An anarcha-feminist zine out of Tulsa. A4, black and white, with articles, cut and paste, etc. A smattering of Islamophobia (not uncommon in this genre of zines)

Tags: Islamophobia, Anarcha-Feminism, Feminism, Reproductive Health, Reproductive Justice, Health, Herbalism.

Jelly Bean Machine Issue #1 Autumn 1995

Bound with a safety pin! A music fanzine – adjacent to many of the Glasgow fanzines already covered. They were outraged at the shrinking size of a Cadbury crème egg, which I think will likely have only gotten worse in the following 27 years.

Tags: Glasgow, Teenagers, Music, Fanzine, Zine Reviews

The Hysterical Girls guide to self harm scars and stigma.

Compiled by Polly who also did i am, i am, I AM, with contributions from her and Jodie R Matthews, exploring their relationship to their self-harm scars.

Tags: Mental Health, Self-Harm, Scars

International Trans Prisoner Day of Action and Solidarity Zine #1

A project first imagined by Marius Mason, a trans prisoner in Texas, USA – a compilation zine bringing together contributions from trans incarcerated people, alongside an extract on building an abolitionist trans and queer movement.

Tags: LGTBQIA+, Incarcaration, Abolition, Compilation, Trans

Box 6 Ji - L